

# My Learning Preferences

*This is only a model. But see if it rings true for you.*

## Instructions:

Tick as many or as few of the following statements that you feel would apply to you.

*(If you say to yourself 'Yes - that is definitely me' then tick it. If you need to ponder, then move on.)*

- A I look forward to opportunities to talk and listen with people A
- B I enjoy solving problems that make me think in different ways B
- C Music is an important mood changer for me C
- D I enjoy playing certain sports D
- E I think mainly in pictures E
- F I am quite good at interpreting charts and maps F
- G If people give me more time to reflect on something I make a better decision G
- H I would describe myself as a very sociable person H

- A I get pleasure from reading and writing A
- B I like to explain a point in a stepwise and logical way B
- C I will often replay a piece of music that I really enjoy C
- D I like to doodle when I am listening to a presenter, or when I am on the phone D
- E I prefer to be given a map to a set of instructions E
- F I am quite good at seeing the solution to a 3 dimensional problem F
- G I am strongly guided by my own values and beliefs G
- H I would prefer to have something explained to me than to have to read a handbook H

- A I have a good memory for detail A
- B I think that people often let too much detail get in the way of their thinking B
- C I can often recall a piece of music just by hearing the first few notes C
- D I would rather try something out rather than having to listen to the instructions first D
- E When working out a problem I sometimes sketch diagrams to help me think E
- F I am quite good at estimating distances like how far away a town is F
- G I am sometimes quite sensitive to criticism G
- H I am good at persuading people to do something H

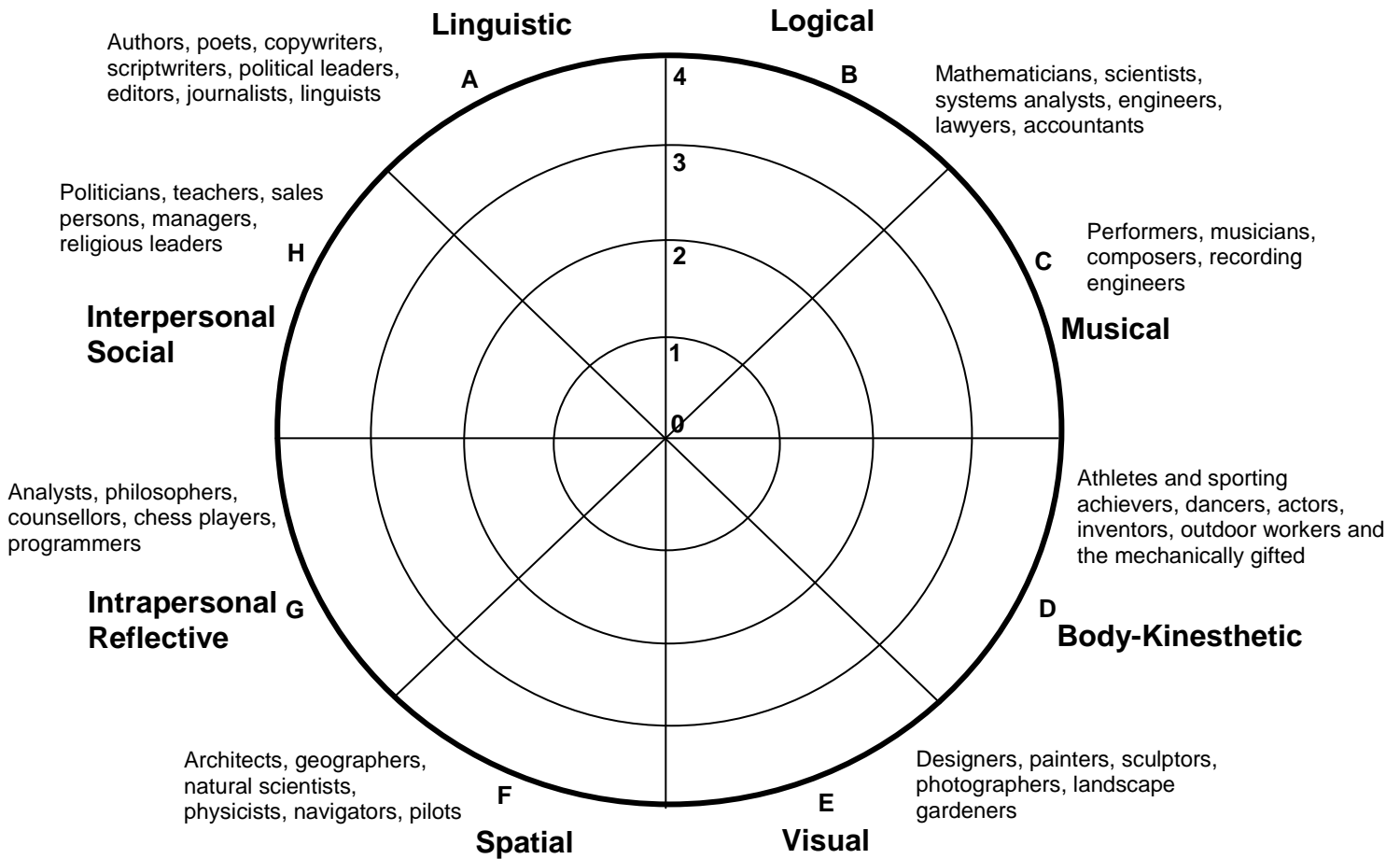
- A When writing something I like to be precise in the choice of words I use A
- B I would prefer to use bullet points rather than narrative to summarise B
- C I quite like to try to get sounds from an instrument C
- D When I am trying to memorise something it helps if I can walk around D
- E The appearance of my surroundings influences my feelings E
- F I can usually work out which way is North without having to think too hard F
- G I can be quite stubborn when I believe that I am right G
- H A vigorous discussion with someone is a good way for me to sort out my ideas H

Category	Number of ticks
A	
B	
C	
D	
E	
F	
G	
H	

*Now take these results and plot them on the next page....*

# My Learning Preferences

Shade in the areas to correspond to the number of times you ticked that attribute



If you feel comfortable about this, compare your learning preferences map with that of the person sitting next to you.

## Questions

1. What might be the problem if you were trying to explain something complex to your neighbour and they were having difficulty understanding you?
2. Would a knowledge of your neighbour's learning preferences help you to explain things to them?
3. How might a teacher and a learner use their knowledge of their own learning preferences to make learning more effective?
4. What would the learning preferences map be for the ideal teacher?
5. Every learning preference (intelligence style) can lead to a career with good pay. What alternative careers might you have been good at?
6. Do the teaching and learning methods used by schools favour or hinder pupils with particular learning preferences? Did anyone ever teach you something interesting badly?
7. 'Talking about Art is like Dancing about Architecture' - discuss